

# **FAQ's about SmartLipo Triplex**

### What is SmartLipo Triplex? Smartlipo Triplex® is a revolutionary

liposuction technique that utilizes a YAG laser with three separate wavelengths to carefully liquefy fat cells and promote skin tightening. In contrast to tumescent liposuction, it offers a smoother contour with more adequate fat removal. It can also be used alone in areas to promote skin tightening, or with other cosmetic surgery procedures, such as a MACS lift or tummy tuck when additional skin tightening is desired.

## How does SmartLipo Triplex work? This laser-assisted

lipolysis procedure is performed using a small, two millimeter cannula inserted into the skin. A laser fiber inside of the cannula delivers energy directly to fat cells, causing them to rupture and drain away as liquid. Simultaneously, tissue around the area coagulates, resulting in less bleeding and overall tighter skin tissue.

# Who is a good candidate for SmartLipo Triplex?

SmartlipoTriplex Laser Body Sculpting is meant for areas that do not respond to diet or exercise. The perfect candidate is in good health, is within 20-30 pounds of their ideal body weight, and is realistic about what Smartlipo Triplex can accomplish.

# Why might SmartLipo Triplex be recommended for

me? SmartlipoTriplex Laser Body Sculpting is ideal for treating areas that are difficult to treat with conventional liposuction

- the neck and jaw line
- inner arms
- breasts in men
- bra fat"
- · abdomen and "love handles"
- inner thighs, outer thighs and knees

These areas, although difficult to adequately treat with traditional liposuction, are safely treated with the Smartlipo Triplex laser. It is more versatile than traditional liposuction because we're able to thread a tiny laser under the skin, targeting localized fat deposits. There is less bruising with Smartlipo Triplex, and since the laser stimulates collagen production, the skin is firmer and more taut than with regular liposuction.

### How does SmartLipo Triplex differ from conventional

**liposuction?** Conventional liposuction is a more traumatic way to remove fat and typically requires general anesthesia. However, since this can leave behind unsightly pockets of skin, laser assisted lipolysis is often a perfect complement. SmartLipo Triplex alone often only requires local anesthesia, but it can also be used to enhance the result of conventional liposuction or Body Jet/water assisted liposuction. Patients utilizing the Smartlipo Triplex technique are reporting less discomfort than patients who had traditional liposuction alone. They are also seeing a greater decrease in the appearance of cellulite.

### How does SmartLipo Triplex differ from other forms of

**laser liposuction?** SmartLipo Triplex is the only laser liposuction on the market today that utilizies three separate wavelengths of energy to target fat. This third wavelength enables Dr. Ringler to eliminate fat closer to the surface, and sculpt a "six-pack" in men or a more sculpted waistline in women. SmartLipo Triplex also includes a Thermaguide that ensures that the skin cannot be accidentally overheated.

#### What else should I know about SmartLipo Triplex?

Smartlipo Triplex Laser Body Sculpting is a minimally invasive procedure that often requires only local anesthesia. Some light bruising may occur, but you'll be able to return to work in a couple of days and resume exercise after 2 weeks. As with all cosmetic surgery procedures, the outcome of your treatment will be highly dependent upon the experience, training and qualifications of your plastic surgeon.

Before you ask for curves, ask for credentials

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