



FAQS about Silicone Gel Breast Implants

What are silicone gel breast implants? Implants filled with soft, stable and elastic gel that feels and moves like natural breast tissue. Silicone breast implants come in multiple sizes, shapes and projections, and are available to women age 22 and older who seek to enhance natural breast sizes and shapes or for breast reconstruction.

Why might silicone gel breast implants be recommended for me?

Only breast implants can permanently increase the size of your breasts and bring your body into better proportion. These implants give a very natural and stable appearance to the breast. The result for many women includes enhanced self-confidence and a more positive body image.

Who is a candidate for silicone gel breast implants? Although the mean age is about 35, women of various ages from 18-60 elect to have breast implants for many different reasons: breast asymmetry from birth, lack of proportional development, loss of volume after babies and sagginess that may develop from gravity. These factors generally define good candidates for breast augmentation procedures:

- You can clearly define your goals for the procedure
- You understand what breast implant surgery can and cannot accomplish
- You accept the potential risks of breast surgery and your responsibilities as a patient
- You are healthy, emotionally stable and secure
- You have realistic expectations and are willing to accept minor asymmetries

What should I know about silicone gel breast implant surgery?

- Breast augmentation is generally performed on an out-patient basis
- The placement of your implants may be beneath your breast tissue, partially beneath the pectoral or chest muscle, or combination of the two
- The incision pattern for your surgery will be discussed with you during your consultation. Scars are a normal outcome of surgery and are generally concealed in the breast fold underneath the breast
- Return to normal activities of daily living is usually between 24-48 hours with minimal restrictions. Full sports activity - running, jogging, high impact aerobics is usually 4 weeks
- Results are permanent, but weight loss/gain or pregnancy can change your results and normal aging and gravity may affect outcomes
- You will need a capable adult with you for 24 hours after your release hospital or recovery center
- All surgeries carry the potential for risks which will be fully discussed with you during your consultation

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